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All of us who are connected to the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) are glad you have chosen to visit our website. Welcome.

If you have come to this site seeking information, help and guidance for yourself or another person, you have come to the right place. We are here to provide support to those who need assistance confronting the disease of alcoholism and drug dependence.

**Recovery is possible.** In fact, we estimate that almost 20 millions individuals and families are living life in recovery! We know. Your visit to the NCADD website has brought you to the right place.

For nearly 70 years, NCADD has been a valuable resource for millions of people struggling with addiction. Our founder, Marty Mann, was a true pioneer. Marty got sober in the rooms of Alcoholics Anonymous (AA). When AA was just getting started in 1935, Marty's sponsor was AA Co-founder, Bill Wilson. Marty exuded courage and unwavering belief in the dignity of all people. She worked tirelessly to provide education to raise the awareness of addiction across our society.

Marty made two important policy decisions when she first started NCADD:

1. For NCADD to be a credible agent for changing people's attitude and understanding of alcoholism, it would need the involvement and support of the medical scientific community; and
2. To change people's attitude and understanding meant changing people's behavior, so NCADD must offer professionally trained counseling services at the local level where people live and need help.

Therefore, today NCADD continues to operate on two parallel tracks – the National level and the community level. Today there are almost 100 NCADD Affiliates across the United States.

NCADD believes that all people suffering from alcohol and drug abuse deserve the chance to be helped.

ADDICTION CAN BE DIAGNOSED. TREATMENT IS AVAILABLE. RECOVERY BRINGS JOY.

Our website is designed to help you find the answers you are looking for. Answers regarding....

How and where to find the right treatment – Visit the "[Get Help](#)" section of the NCADD website and be sure to go to the "[Affiliate Network](#)" link to find information and solutions right in your community.

Addiction as an illness, not a character flaw – Visit either the "[Learn About Alcohol](#)" or "[Learn About Drugs](#)".

What you can do to help a loved one – Visit the "[For Parents](#)," "[For Youth](#)" or the "[For Friends and Family](#)".

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The type of support available for people in recovery – Visit the “FOR PEOPLE IN RECOVERY”.

NCADD is here to lend a hand, available to help you and your community gain greater understanding about the illness of addiction and what you can do about it.

Visiting the NCADD website is a very good beginning. Now that you have found us, we are here to guide you to places that provide basic facts, to places that will help you define your particular problem, to individuals in your community who possess the knowledge and resources to counsel and help you.

Alcohol and drugs can mess up your life. It's that simple. It's a fact. But there are solutions and we can help you find them.

We trust you will find what you are looking for in one or more sections of this site. NCADD wants to be your most reliable resource. **There is help, there is hope and there is healing!**

Again - Welcome.