



An integral part of NCADD Alcohol Awareness Month is Alcohol-Free Weekend.

This event takes place on the first weekend of April (April 5-7, 2013) to raise public awareness about the use of alcohol and how it may be affecting individuals, families, businesses and our communities.

During Alcohol-Free Weekend, NCADD extends an open invitation to all Americans to engage in three alcohol-free days. Any individual or family member who finds it difficult to get through the 72-hour experiment is urged to contact local NCADD Affiliates, Alcoholics Anonymous (AA) and Al-Anon Family Groups to learn more about alcoholism and its early symptoms.